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# HOMEMAKERS' CHAT

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U. S. DEPARTMENT  
OF AGRICULTURE  
OFFICE OF INFORMATION

(release on receipt)

SUBJECT: "To Rate as an A-1 Bed-maker" - Information from extension specialists of the U. S. Department of Agriculture.

Have you ever wondered how you rate as a bed-maker?

If you'd like to check up....here are some ways to judge an expert....according to home management specialists of the Kentucky Agricultural Extension Service.

The good bed-maker turns the mattress each week. That's to keep it smooth and evenly packed. One week...she turns it from top to bottom. The next week...she turns it from side to side.

Before she makes the bed in the morning....the good bed-maker throws the covers back and opens the windows for a while. This gives the bed time to air.

Then....the good bed-maker finds the shortest and easiest way to make a bed. She doesn't waste her energy walking around the bed time after time. Instead...she makes the bed complete on one side..spreading sheets and blankets way across. Then....she goes around to the other side of the bed and makes it complete on that side.

Of course.....the real test of a good bed-maker...is how well the bed stays made....whether the bottom sheet remains smooth and firmly tucked for a week....whether the top sheet and covering stay tucked in all night.

If the beds in your home are clean and fresh....neat and comfortable....and if bed-making is a chore that you do in the shortest and easiest way....then the results prove...you're a good bed-maker. Rate yourself A-1.

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